

ABSTRACT

An adsorption fraction of a liquid mixture by an anion exchange resin, wherein the liquid mixture is obtainable by mixing a hot water extract of a mycelium of *Tricholoma matsutake* FERM BP-7304 with an alkaline solution extract of a mycelial residue obtained when preparing the hot water extract, is disclosed. Further, an immune enhancing agent and an agent for promoting a recovery from stress comprising the above-described novel adsorption fraction as an active ingredient, are disclosed.